

# Armetta's Grand Jeté Studio of Dance To Celebrate National Dance Week

Armetta's Grand Jeté Studio of Dance, Macungie, Pa is excited to be participating in a National Flash Mob on Saturday April 27<sup>th</sup> at 1pm at the Promenade near Starbucks to help National Dance Week achieve its mission to "celebrate dance and promote fun fitness."

"We are so proud that Amanda Armetta- Gring has put so much time and effort organizing Grand Jeté's Flash Mob," beams Cathy Graziano co-director of National Dance Week.

"It is so much in the spirit of what we are trying to accomplish during dance week as we work getting dancers together with the community to promote health awareness and the fun of getting your body moving."

According Studio Owner Amanda Armetta-Gring "We are so excited to be a part of history and pass on this experience to our students"

Armetta-Gring goes on to say she is proud to be a representative for National Dance Week, the non-profit organization founded in 1981 consisting of dance luminaries and organizations created to gain greater recognition for dance as an art form.

Armetta Grand Jeté's Flash Mob will be just a part of several NDW activities from April 26<sup>th</sup> through May 5<sup>th</sup> and the major event includes a country-wide flash mob being held on April 27<sup>th</sup>. NDW is designed to bring main stream exposure to dance, as well as encourage people to get active and live a less sedentary lifestyle.

"It is so important in today's society for people- especially children- to shut off their computers and TVs and get more exercise," concludes Cathy. "Dance is a fun way to start and Armetta's Grand Jeté Studio of Dance is helping lead the way. We are ecstatic with their efforts and appreciate what they are doing to help make this year's National Dance Week such a success."

**For more information, please contact  
Miss Amanda @ 610-393-5225  
or visit [nationaldanceweek.org](http://nationaldanceweek.org)**



**Armetta's Grand Jeté Students**

***will be participating in a National Flash Mob  
& will have a short performance following***